

## **How to Use Head Lice Lotion**

1. Patients with head lice and their family members should receive treatment together to reduce the chance of reinfestation. Family members suspected of having head lice should visit their doctor for examination and treatment.
2. All infected family members should receive treatment at the same time.
3. You need not wash your hair before applying head lice lotion. Use the lotion as ordinary shampoo and rub it all over your head with your hands. Pay special attention to parts such as hair root, scalp, back of your neck, temples, fringe and back of your ears. Avoid the eyes during application.
4. Once the lotion is applied, cover all your hair with a clean towel. Keep overnight or 12 hours.
5. On the next morning (or after 12 hours), use normal shampoo to clean your hair thoroughly.
6. When the hair is still wet, comb thoroughly starting from hair root with a nit comb to remove all lice and eggs attached on the hair.
7. On the same day, soak all pillow cases, bed linens, clothes and combs, etc. in boiling water for 20 minutes.
8. If remaining lice are found, repeat the abovementioned procedures for further treatment and cleaning, or consult a doctor.

### **Cautionary Note:**

1. Head lice lotion is not to be taken internally but restricted to external use. Avoid contact of the lotion with the eyes as this may cause discomfort.
2. The lotion should be stored properly to prevent mistaken consumption by children. If children need the treatment, parents or adults should do it on them.
3. In case of mistaken consumption of the lotion, visit an accident and emergency department right away.
4. Parents who need to apply the lotion for a number of children are advised to wear plastic gloves.
5. Do not expose the lotion to high temperature.
6. Unless instructed by a medical professional, the lotion should be applied only once a week and the treatment duration is confined to three weeks. If in doubt, consult a doctor.