

How to Use Eye Drops

- (1) Wash your hands.
- (2) While bending your head backwards and looking upwards, gently pull down your lower eyelid to form a pocket.
- (3) Put the eye drops into the pocket from the corner of your eye. Do not let the dropper touch against your eye or eyelid to avoid eye injury and contamination of the dropper.
- (4) Close your eye (Never rub your eye with your hands) and blink a few times. Gently press against the bridge of your nose with your fingers for a few minutes to prevent the drops from running out of the eye.
- (5) Wipe away any excess liquid running out of your eye with a clean tissue.
- (6) If you are using two different types of drops or eye ointments, they should be applied a few minutes apart.
- (7) Do not wash or wipe the dropper. Replace it into the bottle and tighten it right away.
- (8) If possible, ask your family members or someone else to put the eye drops in for you.

- Precautions:
- (I) Never use discoloured or expired eye drops.
 - (II) Do not let anyone else use your eye drops to prevent transmission of bacteria and delay in treatment.
 - (III) Discard any leftover eye drops one month after opening.